



Les Dames d'Escoffier invites you to

EXPLORING VIETNAMESE FOOD

A TOUR OF EDEN CENTER



Join the Washington, D.C., Chapter of Les Dames d'Escoffier for a docent-led culinary tour and for some sampling of authentic delicious foods of Vietnam at the Eden Center. Since 1984, Northern Virginia's premier Asian center has been home to a variety of businesses, making it the largest Asian-themed mall on the East Coast and the heart and soul of the Vietnamese-American community.



Our visit starts at **Cha Kim Phung Bakery**, where Vietnamese pastries are the specialty and you can choose the one that delights you. We proceed to a docent-guided tour of the modern **Good Fortune** supermarket highlighting Vietnamese specialty foods and then on to the older **Cho Gai** market. At **Than Son Tofu**, we taste freshly homemade bean curd. Our 8-course lunch, a culinary journey through the three regions of Vietnam, is at the **Four Seasons Restaurant**, where the chef will demonstrate how to make a summer roll. Our finale is at the renowned **Kung Fu Tea** for bubble (boba) tea, where you can choose your favorite from the long list of delicious flavors.

DATE: Saturday, September 22, 2018—
RAIN OR SHINE

PLACE: Eden Center
6751 Wilson Blvd.
Falls Church, VA 22044
Meet under the clock tower, an exact replica of one in Saigon

TIME: 10:30 a.m. to 3:00 p.m.

PRICE: Dames \$45; Non-members \$55
Includes menu at right
(non-members' price includes a \$10.00 tax-exempt donation for LDEI scholarships)

RESERVATIONS: www.lesdamesdc.org

Reservation or cancellation deadline
Tuesday, September 18

DIRECTIONS: www.edencenter.com/direction

LUNCHEON MENU AT FOUR SEASONS VIETNAMESE RESTAURANT



Vegetarian Summer Rolls
Sweet and Sour Soup with Fish and Dill
Crispy Anchovies Green Mango Salad
Crispy Fish Filet with Salt and Garlic
Shaking Beef
Whole Crispy Chicken Marinated in Red Bean Sauce
Vegetarian Vietnamese Pancake
Caramelized Pork
Tea

