

Deepen your connection with nature's web of life.

Join us for a mid-Spring foraging walk with Matt Cohen, founder of Matt's Habitats

The November and April walks had rave reviews, don't miss an opportunity to Participate!

Saturday, May 1st

Meet-Up: 1:50 pm Forage: 2-4:30 pm

Probable Meeting Site: Takoma Park at the Public Works Department Parking Lot

Final confirmation of meet-up site will be sent a day or two before the event.

Some great edibles are in season in early May: pokeweed, milkweed and bamboo shoots, black locust flowers, field garlic, and lots of wild greens. Depending on location and weather conditions, winecaps, wood ears and oyster mushrooms might be around too.

This event is limited to 15 tickets; Dames and guests are welcome to the limit allowed by leader Matt Cohen. Tickets are \$40 for the general public.

Bring your walking stick, camera, and maybe a zip-lock bag for your finds, and join Matt Cohen for an afternoon of foraging along the hills and trails of Takoma Park. You'll learn to identify an array of mid-spring edible flowering plants, many of which are in your neighborhood and just waiting to be included in your spring salads!

Have a family member who doesn't eat enough fresh anything? You can take them for walk on the wild side! They're not weeds, they're not just beautiful, they're edible! Our conversations will include not just "the where, but also the why and the how." Let's walk and talk sustainability, simple gifts, and grass-root cooking!

The Saturday May 1 Walk will Highlight mid-spring flowering plants, greens, and possibly, some edible fungi. At the end of the walk, we'll share a wild-side salad!

Meet at 1:50pm; forage with Matt from 2-4:30

Make your reservation early

Matt Cohen started Matt's Habitats in 2003, specializing in sustainable gardening practices with an emphasis on native plants, wildlife habitats, and edible gardens. In 2009 he began to lead walks throughout the year on wild edibles and plant/mushroom identification, and he continually exercises his knowledge of the natural world through conferences, personal study, and lots of time outdoors. The headquarters of Matt's Habitats is a 120-year-old farmhouse in Silver Spring. Rooftop solar panels generate most of the electricity, and vegetable and fruit gardens generate a lot of produce. His 1/4-acre yard also serves as a test plot for many of the native plants that he uses in his clients' yards. Matt donates 10% of his net profit to environmental and humanitarian NGOs including Anacostia Watershed Society, Casa of Maryland, and the Capital Food Bank. He currently serves on the board of the Mycological Association of Washington, DC.